

# स्वास्थ्य मित्र





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Is there a lack of knowledge about nutrient deficiencies & its intergenerational impact?

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Is there a lack of adequate education in our communities towards food intake for children & women?

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Is there a poor understanding  
of the mother & family to  
raise the child, particularly a  
girl child?

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Is there adequate or poor food intake by women during pregnancy & lactation?

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Is there frequent child bearing in communities?

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Is there an increase in  
number of low birth weight  
babies?

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Is there a lack of awareness  
about exclusive of  
breastfeeding &  
immunization?

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Is the cultural norm a barrier  
in food preparation &  
consumption?

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