



RASHTRIYA SEWA BHARATI



TRAINING REPORT

Introduction

Rashtriya Sewa Bharati is an umbrella organization that works tirelessly with the noble motto of "**Nar Sewa Narayan Sewa**" to uplift the marginalized, underprivileged, neglected, and distressed individuals in society. With the support of numerous selfless voluntary organizations, Rashtriya Sewa Bharati endeavours to empower society through **30,829** social projects in the dimensions of education, healthcare, self-reliance, and social cohesion, fostering a strong and united nation. It efficiently manages and encourages various associated social organization across PAN India.

Vision of Training

With a nationwide presence spanning across India and over 1000 affiliate organizations, we recognize the paramount significance of capacity building to enhance the effectiveness and impact of both individuals and the organizations we engage with. In this context, we leverage training as a strategic tool, customizing training programs to suit the specific needs and context of our affiliates and their target beneficiaries.

Our training programs deploy a diverse range of methods, including workshops, webinars, and mentorship programs, ensuring adaptability to various learning styles and preferences. Regular assessments of the impact of these training programs are conducted, and we remain committed to adapting and refining them based on feedback and the evolving needs of the organizations we support.

With this view we conduct two types of training :

- **Domain Specific**
- **Organization Development**

Domain Specific Training

Domain Specific Training to equip individuals and organizations with specialized knowledge and skills to enhance the expertise of their teams, improve project outcomes and create impact at scale. We provide domain specific training on the following topics :

- **Hostel Management (Chhatrawas)**
- **Specialized Adoption Agency (Matruchaya)**
- **Training of Trainers (Prashikshan Pramukh)**
- **Kishori Vikas**
- **Vaibhavshri and Swavalamban**
- **Disaster Management (Aapda Prabandhan)**
- **Suposhit Bharat**

Organization Development Training

Organization Development (OD) training to strengthen the affiliates internal capacities, overall effectiveness, efficiency, and sustainability. We provide organization development specific training on the following topics :

- **Communication and Marketing for NGO (Prachar)**
- **FCRA and other legalities**
- **Income Tax and law**
- **NGO Governance**
- **Office management**
- **Training For Annual Report Writing**

Training conducted



NGO Governance

The **NGO Governance training** held in **Jhunjholi, Haryana on August 1-2, 2022**, emerged as a pivotal initiative, engaging with over **201** attendees, comprising key decision-makers and board members from diverse affiliates. Over the course of the two-day program, participants gained profound insights into the intricacies of NGO governance. The training sessions were specifically tailored to empower attendees in defining the optimal composition of NGO boards, clarifying roles, and exploring various governance models. Delving into the realm of good governance practices and behaviors, the program facilitated a deep understanding of how boards should function, the distinct roles each board member plays, and the crucial aspects that demand attention. This initiative not only strengthened the capacity of individual board members but also laid the foundation for enhanced governance across the affiliated organizations.

Training conducted



Communication and marketing for NGO

The training conducted in **Jaipur on September 3-4, 2022**, proved to be a significant and impactful event, drawing the participation of **67** media managers and marketing managers from various affiliates. Over the course of the two-day workshop the sessions delved into essential areas such as crafting effective press releases, mastering the organization of data for optimal efficiency, utilizing Google Workplace for streamlined collaboration, understanding the nuances and operational intricacies of website management, and harnessing the power of electronic and print media to reach wider audiences. The workshop also shed light on the imperative need for increased social media visibility, providing practical insights and strategies for maximizing online presence. This comprehensive training initiative not only addressed the immediate needs of media and marketing managers but also contributed to the overall evolving landscape of communication and outreach in the NGO sector.

Training conducted



Disaster Management

Rashtriya Sewa Bharti, in collaboration with the Brihanmumbai Municipal Corporation Disaster Management Department, conducted a two-day First Responder Training Programme on disaster management on **October 1-2, 2022, in Mumbai**. The training was attended by **111** participants and covered a comprehensive range of topics. These included an introduction to the basics of disaster management, identification of hazard risks, understanding the phases of disaster management, and guidelines for actions before, during, and after a disaster. The program also focused on fire-fighting principles, combustion methods, types of fire extinguishers, and practical demonstrations. Additionally, participants gained insights into the Disaster Management Act of 2005, preparation of disaster management planning, resource management, and the establishment of emergency office setups. Participants also received hands on training regarding the basic steps of CPR techniques. This training initiative aimed to equip attendees with the knowledge and skills necessary to act as effective first responders in times of disaster, contributing to community resilience and safety.

Continuing this series, we organized two additional training on **August 26-27, 2023, in Bhubaneswar**, in collaboration with the Odisha State Disaster Management Authority. The event saw the participation of **71** individuals. Subsequently, another training was conducted in **Ghaziabad on September 23-24, 2023**, in partnership with the Uttar Pradesh State Disaster Management Authority attended by **66** individuals. These workshops aimed to further extend the reach and impact of disaster management training, fostering collaboration with regional authorities and engaging participants in enhancing their preparedness and response capabilities.

Training conducted



Hostel Management

Rashtriya Sewa Bharti conducted the two day trainers training titled “**Chatrawas Karyakarta Prashikshan Varg**” in **Gwalior(M.P) on 5,6 November 2022**. With an objective to build the capacity of master trainers to enhance the capacity of hostels of Sewa Bharti spread across Bharat. These **104** participants from 183 hostels cater to nearly 7500 students in urban, rural and tribal areas. The purpose of the training was to train the participants so that by the end of this training they acquire the relevant knowledge and skills required to successfully manage hostels. The training methodology was interactive as the trainers ensured that knowledge was not only disseminated but accurately perceived and understood by the participants. Experienced participants, who have been overseeing hostels for an extended period, shared best practices for holistic child development. They discussed effective ways to engage with families and strategies for older children to support the younger ones, fostering a nurturing environment. And in order to ensure this, trainers engaged participants in discussions and kept the forum open for feedback, queries and suggestions. These discussions and interactive sessions were supported through training material such as pre and post-test, powerpoint presentations and handouts on participatory planning.

Training conducted



Swavalamban & Vaibhavshree

Rashtriya Sewa Bharti, through its Swavalamban wing, organized a three-day National Training from **December 20-22, 2022**, at the Bhaskareeyam Convention Centre in Elamakkara, **Ernakulam, Kerala**. The workshop with **118** participants had a specific focus on the Vaibhavshree Self Help Group Development Program, aiming to enhance the capacities of workers for the promotion of self-employment through entrepreneurship development. The primary objective was to empower beneficiaries to become self-reliant and lead dignified lives. The training aimed to impart an understanding of the Swavalamban concept and the methodologies to achieve it, emphasizing skill development, entrepreneurship awareness and entrepreneurship development programs. Additionally, participants learned about developing market linkages, understanding both forward and backward linkages, as well as gaining insights into quality, packaging, branding, and product promotion strategies. The visit to the Akshashree Project, managed by Sahakar Bharati, provided participants with valuable insights into the practical aspects and challenges associated with establishing and running the project. This comprehensive training initiative aimed to equip participants with the necessary tools and knowledge to foster self-sufficiency and promote entrepreneurship within communities.

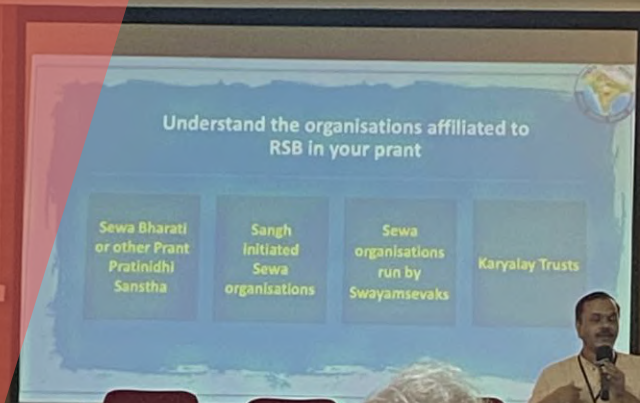
Training conducted



Specialized Adoption Agency

On **June 10-11, 2023**, Rashtriya Sewa Bharti organized a training in **Indore** for the **66** attendees who were administrators and management committees of 28 adoption centers operating nationwide. The primary objective of the training was to impart a comprehensive understanding of the **specialized adoption agency (Matruchhaya)** and delineate the role of Sewa Bharti within this context. The training covered various crucial aspects, including the exchange of best practices observed in different states, insights into legal considerations, an overview of the roles and responsibilities governed by CARA (Central Adoption Resource Authority), and adherence to adoption rules and regulations. The session was conducted by CARA officials. Additionally, participants were equipped with knowledge on accessing both government and non-government donations, along with detailed guidance on the processes for the registration and renewal of adoption centers. This training initiative aimed to enhance the capabilities of administrators and management committees, ensuring the effective functioning and compliance of adoption centers across India.

Training conducted



Training of Trainers

On **September 9-10 2023**, a Training of Trainers workshop was organized, drawing the participation of **113** attendees. The session commenced with an insightful overview of the development sector, tracing the journey of sewa organizations and emphasizing the pivotal role of trainers. Discussions included the coordination with Rashtriya Sewa Bharati and an illuminating case study on building social organizations. The training covered essential aspects such as Standard Operating Procedures (SOP) for conducting training programs, the intricacies of performing Training Need Assessment and the art of designing both online and offline training modules, with a focus on customization for specific states. Attendees were engaged with a case study on institutionalizing training, providing practical insights and strategies. This Training of Trainers initiative aimed to equip participants with the knowledge and skills necessary to play an effective role in the state level organisations and contribute to the capacity building of organizations.

Training conducted



Kishori Vikas

From **October 28-29, 2023, Hyderabad** hosted a **Kishori Vikas training** attended by **132** women and girls. The workshop opened with a discussion on the vision for Kishori Vikas centers and the critical importance of adolescent health. Workers actively engaged in center operations shared their success stories and best practices, providing valuable insights to fellow participants. Informative sessions covered topics such as cyber safety, POCSO (Protection of Children from Sexual Offences Act), and legal compliances. The workshop also delved into the methodologies for conducting activities in Kishori Vikas centers, emphasizing holistic development to fortify the physical, mental, social, and emotional well-being of adolescent girls. To gain practical insights and a deeper understanding, participants visited various centers operating in slums, facilitating insights into the beneficiaries and the day-to-day challenges faced by workers in running these centers. This holistic training approach aimed to empower and equip participants to effectively contribute to the comprehensive development of adolescent girls in their communities.

Training conducted



Suposhit Bharat

On **November 18-19, 2023**, a **Suposhit Bharat training** was conducted, addressing a range of critical topics to further the health vertical. The training focused on the establishment and management of Poshan Vatikas, aiming to foster better nutrition practices and overall well-being. A key component of the training delved into understanding the unique challenges and distinctions of implementing the project in tribal areas, rural slums and urban slums. Participants gained insights into tailoring the Suposhit Bharat project to effectively address the diverse needs of these distinct communities. Nutrition concepts were emphasized, providing a comprehensive understanding of dietary requirements for various demographics. Additionally, the training covered the Arogya Mitra Yojana, shedding light on its significance and how it contributes to the overarching goals of Suposhit Bharat. This training initiative aimed to empower participants with the knowledge and skills required to foster positive changes in nutrition and health outcomes within a community.

Impact

Over the past two years, we have implemented **11 training programs**, reaching a total of **1118 trainers** nationwide. The objective is for these trained individuals to disseminate their knowledge by conducting state-level training sessions. This cascading approach aims to streamline the impact, extending from the state to the district level, thereby enhancing and optimizing systems to ensure that the beneficial effects directly reach those on the ground. The additional effects resulting from the training sessions we conducted included are :

Initiating the establishment of more than 10 new hostels nationwide.

Creating an internal team for social audit specifically for specialized adoption agencies.

Appointing trainers to conduct training sessions for the majority of state level agencies.

Selected a group of 10 NGOs in Karnataka for a year-long Organizational Development program.

In Telangana, conducted more than 15 training sessions on Kishorivikas at the district level.

Represented the work done by Rashtriya Sewa Bharati and its affiliate at The 6th World Congress on Disaster Management.

Initiated the Suryanrayan Rao Sewa Karyakarta Vikas Yojana, focusing on the capacity building of individuals in the social sector with over 5 years of experience.

Launched an online series on disaster management in Kerala, offering comprehensive information and resources to the wider audience.

The Sewa Bharti Institute of Fire Safety and Disaster Management organized training sessions for first responders, enhancing their preparedness and response capabilities in Assam.

In Madhya Bharat, organized a series of one day workshops at the state level for social workers topics covered included kishorivikas, disaster management, hostel management, educational projects and Swavalamban & Vaibhav shree (SHG)

Way Forward

Considering the current landscape and the diverse needs of our nationwide presence and affiliate organizations, the training wing should continue its strategic approach to capacity building. Here are some suggestions for the way forward:

Needs Assessment and Customization

Conduct a comprehensive needs assessment to identify emerging challenges and specific requirements of affiliates and beneficiaries to customize training programs further based on the identified needs to ensure relevance and impact.

Expand Training Modalities

Explore innovative training modalities, such as online courses, interactive platforms to ensure that training methods remain adaptive to diverse learning styles and preferences.

Diversify Domain-Specific Training

Introduce new domain-specific training programs expanding the scope of existing programs to cover more specialized areas within each domain.

Address Legal and Compliance Issues

Given the dynamic nature of legal and compliance issues, provide regular updates and training sessions on FCRA, income tax laws, and other relevant legalities to ensure that affiliates are well-informed and compliant with the latest regulations.

Testimonial

Ramkumari Chattisgarh Prant



Attending the two-way workshop on specialized adoption agencies has been an enlightening experience for me. This experience has not only kept me well-informed and in sync with the latest laws and processes introduced by CARA but has also played a pivotal role in streamlining the operations of our adoption centers. Beyond that, it has enhanced our understanding of resource management, garnering support from the community, and providing counseling to parents seeking adoption

Purshotam Malwa Prant



As an ex-armyman, I am grateful for the invaluable training that has equipped us to effectively manage natural disasters. This program not only enhances our ability to respond promptly but also fosters a strong community of first responders, contributing to the development of resilience in our society."

Kiranmayi Telangana Prant



The topics were presented to us in a clear and engaging manner, facilitating a deeper exploration of adolescent health and providing effective solutions to address related issues. The visit to beneficiaries' homes and interactions with their families proved to be a crucial experience, offering valuable insights that enhanced our understanding and practical knowledge in dealing with these challenges. The combination of informative sessions and hands-on experiences has truly enriched our learning journey."



Governor inaugurates Sewa Bharati Institute of Fire, Safety and Disaster Management

STAFF REPORTER

GUWAHATI, Sept 7: Governor Jagdish Mukhi inaugurated the Sewa Bharati Institute of Fire, Safety and Disaster Management and launched a one-year-long 'Advanced Diploma in Occupational Safety, Health and Environment' affiliated to the Assam Science and Technology University in a function held in Yognilayam, Abhaypur, North Guwahati on Tuesday.

Speaking on the occasion, the Governor said that nowadays special focus is being given on safety, health and environment all over the world, because these are topics related to public concern. Accidents happen due to inattention and ignorance related to industrial work. According to the latest figures of the International Labour Organisation (ILO), more than 6,000 people die every day due to this reason.

Lauding the efforts of Prime Minister Narendra Modi, Mukhi said that the country is touching new heights of development under his able leadership. Foreign companies are investing extensively in India. The country is progressing very fast in the construction and industry sector. In such times, the introduction of courses on safety, health and environment for the youth aspiring to work in the construction and indus-

try sector is a great achievement of Sewa Bharati.

Mukhi said, "Sewa Bharti, Northeast has achieved a new milestone by setting up Sewa Bharti Institute of Fire, Safety and Disaster Management and introducing the one-year diploma course. Through this course, this organisation will make a significant contribution in building a better future for the youth of the Northeast."

The Governor also urged upon the institute to run courses in first aid, fire fighting, personal protection, disaster management and environmental protection in the coming times, so that the youth of the Northeast can get employment in these areas as well.

It may be mentioned that Sewa Bharti, Purvanchal is a well-known social service organisation of the region that has served the North-eastern Region through its various services in the field of health, education, disaster relief, etc.

Parag Abhyankar, Akhil Bharatiya Sewa Pramukh, RSS, Akhil Kumar Das, chairman, Governing Body, Sewa Bharati Institute of Fire Safety and Disaster Management, Ramen Sharma, president, Sewa Bharati, Purbanchal, Bhaskar Jyoti Phukan, MD, Numaligarh Refinery Limited, along with a host of other dignitaries were present in the inaugural function.

तरुण भारत
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प्रशिक्षण वर्गात 'कुपोषणमुक्त भारत' विषयावर प्रकाशझोट
समारोप : केशवस्मृती सेवा संस्था समूह, राष्ट्रीय सेवा भारतीचा उपक्रम

अ.भा. कुपोषण प्रशिक्षण वर्ग भारतीच्या सुशिक्षित कार्यवाह्यांच्या मार्गदर्शनाखाली देशातील विविध शाखांना या उपक्रमाने परिशोधित करून प्रगती होण्याचे प्रयत्न करण्यात येणार आहेत. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे.

चांगल्या संवर्धीनी रोगप्रतिकारशक्ती वाढते : डॉ.मीनाक्षी तिवारी

शिक्षण वर्ग संपल्यानंतर कार्यवाह्यांना विविध शाखांना या उपक्रमाने परिशोधित करून प्रगती होण्याचे प्रयत्न करण्यात येणार आहेत. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे.

अ.भा. 'मातृछाया' कार्यकर्ता प्रशिक्षण वर्ग प्रारंभ

स्वदेशी समाचार ■ इंदौर

राष्ट्रीय सेवा भारती द्वारा देशभर में संचालित प्रकल्प 'मातृछाया' (शिशु गृह) के कार्यकर्ताओं का प्रशिक्षण वर्ग 10 जून को श्री अमरन महासभा भवन वायसय रोड में आयोजित किया जा रहा है।

मातृछाया (शिशु गृह) के माध्यम से 0-6 वर्ष के नवजात, निराश्रित, परित्यक्त, अनाथ, शिशुओं का पालन पोषण कर उन्हें निःस्तान दम्पतियों को कानूनी प्रक्रियाओं के माध्यम से गौद दिया जाता है। इस कार्यकर्ता प्रशिक्षण वर्ग में पूरे देश की मातृछाया शिशुगृहों से 14 प्रांत के 80 कार्यकर्ता सम्मिलित हुए हैं। इस कार्यकर्ता प्रशिक्षण वर्ग के उद्घाटन सत्र के मुख्य वक्ता विजय पुराणिक (महामंत्री राष्ट्रीय सेवा भारती) द्वारा बताया गया कि इस कार्यक्रम प्रशिक्षण के द्वारा सभी मातृछाया, शिशुगृहों का संकलन समन्वय और बच्चों के कल्याण के क्षेत्र में विकसित करना है। उन्होंने बताया कि भारतीय संस्कृति को संकलन से विकसित हुआ नाम मातृछाया है। मातृछाया (शिशुगृहों) में भारतीय संस्कृति के अनुसार का आयु अनुसार संस्कारों की अभिप्रेत की जाती है। इस प्रशिक्षण वर्ग में अत्यक्षत अजय वैश्यपायन (सचिव पैया दाणी सेवा न्यास) द्वारा की गई। इसी प्रकार प्रशिक्षण वर्ग की प्रमुख अतिथि श्रीमती कशीश सतवानी (व्यवसायी एवं समाज सेविका) ने मातृछाया शिशुगृह इंदौर की व्यवस्था एवं संचालन की सराहना की। इस अवसर पर अनुराग पाण्डे (मध्यप्रदेश राज्य बाल संरक्षण आयोग) भी उपस्थित रहे।

राष्ट्रकर्मि
पत्रिका के लिए लेख

Rashtriya Sewa Bharati: Preparing For the Worst

Learning from experiences during the pandemic and other natural calamities, Rashtriya Sewa Bharati has started training its workers in disaster management

Shatakshi Singh - Nov 15, 2022, 06:50 pm IST | In: Bharat, Analysis

शिक्षण वर्ग संपल्यानंतर कार्यवाह्यांना विविध शाखांना या उपक्रमाने परिशोधित करून प्रगती होण्याचे प्रयत्न करण्यात येणार आहेत. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे. या उपक्रमाने कुपोषणमुक्त भारताचा निर्णय घेण्यात येणार आहे.

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Sewa Bharti: Teacher and adolescent development training program completed

By Admin 07/08/2023



CONTACT US FOR ANY OTHER INFORMATION

Regd. Office

Admin. Office

Contact No.

E-Mail Id

Website

Sewa Kunj, 10196-A, Mata Mandir Gali, Jhandewalan,
New Delhi-110055

BD-37, Gali No.-14, Faiz Road, Karol Bagh,
New Delhi-110005

011-46523618, 09868245005

office@rashtriyasewabharati.org

www.rashtriyasewabharati.org

